

April 22
Earth Day



Earth Day Film Series

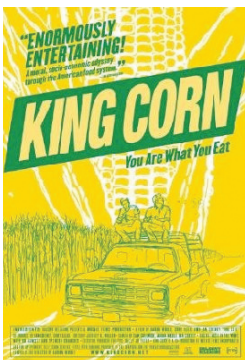
Four Tuesdays in April at the Nelson United Church
(corner of Silica & Josephine)

Dinner & Social: 5 pm (locally made soup & bread, veggie platter, tea & coffee)

Film: 6 pm followed by short discussion

Admission by donation for local non-profits: suggested \$5

These feature documentaries plus a selection of shorts:



April 8
King Corn

*Fundraiser for
Community Food Matters*



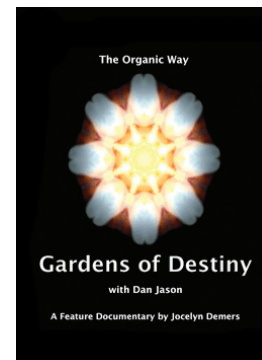
April 15
**The Real Dirt
on Farmer John**

*Fundraiser for
Deconstructing Dinner*



April 22
Tableland

*Fundraiser for
West Kootenay Eco Society*



April 29
**Gardens
of Destiny**

Fundraiser for Earth Matters



Limited seating: sign up at Customer Service or by email: michelle@kootenay.coop
Kootenay Co-op • 295 Baker St, Nelson • 354-4077 • www.kootenay.coop

April 8

KING CORN

Fundraiser for
Community Food Matters



suggested
donation
\$5

April 15

The Real Dirt on Farmer John

Fundraiser for Deconstructing
Dinner



The Real Dirt on Farmer John will turn every idea you ever had about what it means to be an American farmer, or an American dreamer, on its head. Meet Farmer John, the incredible human being whose inspirational story of revolutionizing his family farm and redeeming his own life has won accolades and awards at film festivals around the world.

Here's what others are saying about this film!

3.5 out of 4 stars. A loving, moving, inspiring, quirky documentary.

~ Roger Ebert, *Chicago Sun-Times*

Unbelievably special a real and gripping story with insight and humor.

~ Al Gore, former Vice-President ~

"[The Real Dirt] offers one man's extraordinary life as a gateway to a larger history of tragedy and transition. It's an unflinching account of what farming takes and, more important, what it gives back...

~ Jeannette Catsoulis, *New York Times*

King Corn is a feature documentary about two friends, one acre of corn, and the subsidized crop that drives our fast-food nation. In *King Corn*, Ian Cheney and Curt Ellis, best friends from college on the east coast, move to the heartland to learn where their food comes from. With the help of friendly neighbors, genetically modified seeds, and powerful herbicides, they plant and grow a bumper crop of America's most-productive, most-subsidized grain on one acre of Iowa soil. But when they try to follow their pile of corn into the food system, what they find raises troubling questions about how we eat-and how we farm.

For further reading on corn, consult Michael Pollan's *The Omnivore's Dilemma*, the Farm Subsidies Database at www.ewg.org/farm, or www.kingcorn.net.



Tableland



3

suggested
donation
\$5



TABLELAND is a culinary expedition in search of the people, place and taste of North American small-scale, sustainable food production. From the Orchards of the interior of BC, the Napa Highlands, rural Quebec and everywhere in between, TABLELAND showcases the successful production of tasty, local, and seasonal food from field to plate.

The characters in TABLELAND are do-ers, passionate people that are committed to their cause and bound by principles. They're not just farmers and chefs; they are writers, teachers, activists and leaders of the movement towards a sustainable food system. Most are famous (within food circles), outspoken and witty.

TABLELAND tackles four important issues: sustainability, economics and marketing, health and taste education, and eating locally and seasonally. These are intensely, at times humorously discussed by the farmers, chefs and activists that have had years of experience and knowledge of these issues. The "goods" will come straight from the horse's mouth.



With a great deal of recent attention focused on food safety issues such as Mad Cow, Avian Flu and E. Coli this subject matter is as relevant and topical as ever and concerns everyone, because everyone has to eat. Recent popular publications such as *Fast Food Nation* and films as *Super Size Me*, criticize the industrial food establishment. TABLELAND will contrast our current destructive and dangerous industrial food system with positive working models of a more healthy, sane alternative, with as much focus on delicious food and where it comes from as the economic and ethical forces behind it.

By including passionate human stories, bucolic locations, delicious food and a pertinent message, TABLELAND will entertain and tantalize viewers.

April 22

Tableland

Fundraiser for West
Kootenay Eco Society

APRIL 22

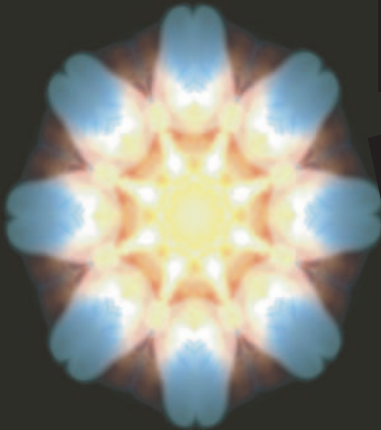


April 29

Gardens of Destiny

Fundraiser for Earth Matters

The Organic Way



Gardens of Destiny

with Dan Jason

A Feature Documentary by Jocelyn Demers

4

APRIL 29

EARTH DAY Dinner & a Movie Film Series



HOW IT WORKS

Sign up at Customer Service or email: michelle@kootenay.coop

Dinner & Social: 5pm (Soup, bread, veggie platter, tea & coffee)

Film: 6pm followed by short discussion. Suggested donation for local non profits: \$5

In the film we will meet Dan Jason, an organic gardener on Salt Spring Island. Jason is the head of the Seed and Plant Sanctuary for Canada, a network of Canadian gardeners working to preserve as much plant diversity as possible.

□ Gardens of Destiny □ explores Dan's garden and seed world and investigates such issues as genetic engineering, terminator seeds and the pitfalls of industrial agriculture -Earthsav Canada, Vancouver.

The film investigates many important issues related to pollution and health. These include: How humans have died because of genetically modified plants, the resilience that results in insects and pests because pesticides are utilized in agriculture; and why some countries have environmental courts of justice. The film also reveals how a major food crisis was created because of mono crops due to pressure from the World Bank. Additionally, it examines how organic food has proven to be protective against cancer-Ethical Purchasing forum. Ethical purchasing, Victoria.

GARDENS OF DESTINY offers several easy and sometimes fun solutions for citizens and governments. Two of these remedies include supporting organic growers and starting your own organic garden. -Slow food Vancouver.

This film takes the viewer on a tour of the stunning Salt Spring Island seed-saving garden of Dan Jason, head of the Seed and Plant Sanctuary of Canada. Various experts are interviewed on the positive health and environmental aspects of organic agriculture. -Shared Vision

These are some of the uncomfortable questions raised by the film Gardens of Destiny we must face if life here on the coast is to continue. Pacific free press.